



Trabzon is an important hub of both cultural and local cheese varieties, and of course, a glass of Turkish tea!

The city is home to some iconic landmarks that are a must-see. Nestled on a steep cliff at an altitude of 1200 meters above the sea, the historical Sümele Monastery is significant for its beautiful frescoes depicting the story of Jesus and the Virgin Mary.

Foodies should keep an eye out for Sümele where most authentic breakfast experiences in the region, accompanied by tasty Turkish tea. The famous Vakkıbeir bread, with its thick outer crust, is a popular staple for those looking to sweeten their glass of tea with the world's most unique honey: Anzer Honey. This honey, made from hundreds of endemic plants from the region, is high in anti-oxidants and is thought to cure a variety of ailments.

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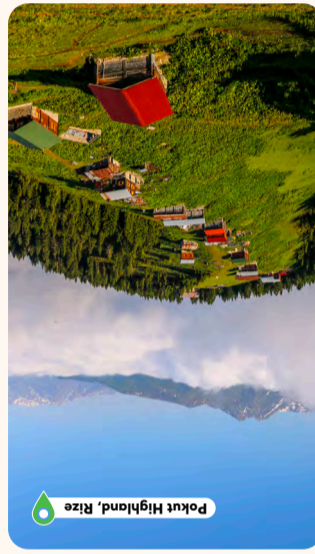


Turkish tea culture is included in the UNESCO Intangible Cultural Heritage list.



The town of Çamlıhemşin is home to several top sights to visit for outdoor adventure lovers, including Pokut highland, Ayder highland, Hüser highland, where you can immerse yourself in calming nature walks, go hiking up the mountains, enjoy traditional Black Sea life, sample local dishes, or visit Palovit Waterfalls for instant refreshment. Firtina Creek is ideal for rafting.

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On your quest for the best buildings, delicious tea and gastronomy and outdoor sports, Rize promises a travel experience you will remember forever.

Fancy a bird's eye view of several cities of the region like Rize, Trabzon, and Artvin.

**Turkish Tea Route**

Welcome to the Turkish capital of tea! 60% of the country's tea is produced in this city on the Black Sea region. Here, it is never too early or too late to have a relaxing day in nature. You can also visit the Çaykur Turkish Tea Museum in the city centre.



**BREWED TO PERFECTION: TURKISH TEA**

To brew the best cup of Turkish tea, all you need is:

- Turkish teapot (çaydanlık)
- Slim waist tea glasses
- Black tea leaves (1 tbs per person)
- Water
- Table sugar (optional)

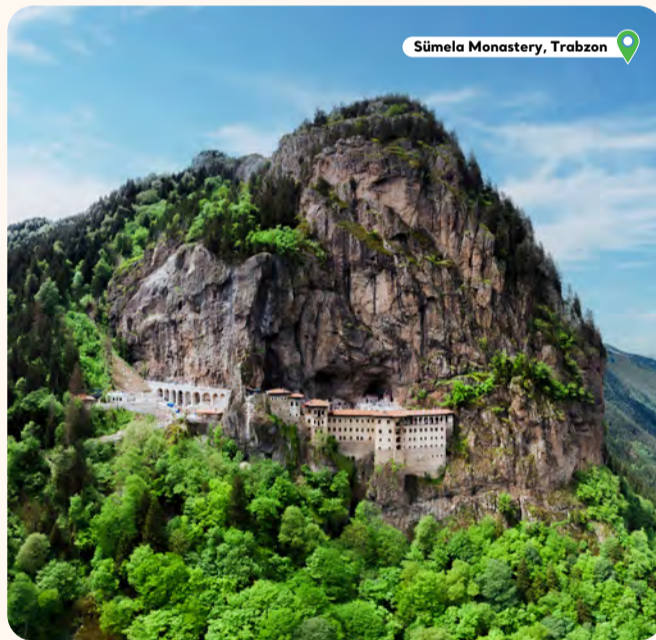
Step-by-step Turkish tea making:

- Boil water on the bottom part of teapot.
- Add loose tea leaves to the top part of teapot. Add some boiled and slightly cooled water.
- Let the tea steep for 15-20 minutes before serving with sugar if preferred.

What is the best time for a glass of Turkish tea?

Simple answer: Anytime!

- At breakfast
- After lunch and dinner
- Tea breaks during the day
- Accompanying desserts



**Artvin**

Artvin is a symphony of colours! This authentic, culturally-rich and diverse city has many historical monuments, including monasteries, churches, castles, mosques, bridges and mansions. With an awe-inspiring climate, flora and fauna, valleys, canyons, and lakes, Artvin offers countless alternatives for nature aficionados.

Hiking, skiing, snowboarding in the Kaçkar and Karçal mountains, trekking in Kafkasör highland and Hatila Valley National Park, camping by the Cehennem Deresi (Hell's Creek) Canyon and rafting at Çoruh River are some of the most adventure-filled experiences to have in Artvin. After all these exhilarating escapades, it is always a great idea to top off the day with a glass of Turkish black tea to revitalize you.

**Did you know?**

- In Rize there is a tea glass shaped 30-meter tall, 7-storey building that includes a culture complex surrounded by local shops where you can buy tea, tea products, tea glasses and equipment, as well as handmade copper items, regional delicacies, Rize cloth, and more.
- Türkiye is the number one country in tea consumption, with 3.16 kilos per person yearly.
- Drinking Turkish tea with a slice of lemon helps with digestion and immunity.



**BREWED TO PERFECTION: TURKISH TEA**

A SYMBOL OF HOSPITALITY AND SOCIAL INTERACTION



# BREWED TO PERFECTION TURKISH TEA

*A Symbol of Hospitality  
and Social Interaction*

- Artvin
- Rize
- Trabzon



← Tirebolu

Vakıfkebir Bread

Trabzon Airport

Butter

Hagia Sophia Museum

Sümela Monastery

Kemençe

Uzungöl

• Trabzon

Kuymak

Horon

Çeçeva Tea Garden

Simit

• Rize

Zil Castle

Anzer Honey

Muhlama

Pokut

• Artvin

Ayder

Tulum

Cehennem River

Koloti Cheese

Rize - Artvin Airport

İşhan Monastery

Karagöl